

Section 7A Track and Field Championships - 2009 Griggs Field - UM - Duluth

Teams: Proctor 77.5, Esko 72, Eveleth-Gilbert 67, International Falls 56, Two Harbors 49, Marshall School, Duluth 43.5, Cromwell 36, Virginia 34.5, Deer River/Northland War E 34, Ely 31, Cotton/Cherry/Cook/Orr* 31, Greenway 27, Floodwood 24, Moose Lake/Willow River* 21.5, Nashwauk-Keewatin 18, Crosby-Ironton 13.5, Barnum 13, Bigfork 13, Cook County 10, Hinckley-Finlayson 8, East Central 6.5, Lakeview Christian Acad 4, Carlton 3, Aitkin 3, Chisholm 2, Mesabi East 1, Lakeview Christian 1.

100 Meter Dash

- Ridgeway, Jimmy 12 Greenway 11.49
- Solarz, Derek 12 Proctor 11.88
- Parrott, Jonah 12 Barnum 12.05
- Pehrson, Devon 10 DeerRivNorth 12.14
- McDannold, Jon 10 TwoHarbors 12.24
- Baxter, David 12 EastCentral 12.39
- Haedrich, Tyler 10 Proctor 12.40
- Schofield, Kenny 12 CottCherCookOrr DQ

200 Meter Dash

- Ridgeway, Jimmy 12 Greenway 23.56
- Graham, Erik 11 MarshallDuluth 24.03
- Pehrson, Devon 10 DeerRivNorth 24.05
- Solarz, Derek 12 Proctor 24.41
- Fox, John 9 MarshallDuluth 24.71
- Richards, Brandon 10 IntFalls 24.72
- Olson, Holden 10 MooseLkWillRiv 24.73
- Adams, Zach 9 Greenway 24.77

400 Meter Dash

- Guentzel, Ryan 11 TwoHarbors 52.10
- Carlson, Chris 10 Proctor 52.36
- Peterson, Tyler 12 Ely 52.67
- Senty, Loshia 12 CookCty 53.76
- Wagner, Nate 11 EvelGilb 54.15
- Dagger, Ryan 10 Proctor 54.35
- Briggs, Thomas 12 IntFalls 55.12
- Dock, Peter 12 MarshallDuluth 55.15

800 Meter Run

- Suhonen, Jordan 10 Cromwell 2:04.07
- Smith, Jordan 11 Cromwell 2:04.20
- Stokman, Nick 12 CrosIron 2:05.01
- Welch, Ben 12 Proctor 2:06.18
- Schreyer, Shayne 11 LakeChrAcad 2:06.63
- Kavanaugh, Sam 12 Carlton 2:07.14
- Holter, Matt 12 Proctor 2:07.95
- Holmes, Sam 10 Virginia 2:09.55

1600 Meter Run

- Larva, Aaron 12 Floodwood 4:30.98
- Smith, Jordan 11 Cromwell 4:33.85
- Sheedy, Patrick 10 MarshallDuluth 4:40.35
- Benish, Romeo 9 Proctor 4:42.88
- Klander, Jack 10 EvelGilb 4:44.36
- Stubbs, Wes 10 Virginia 4:49.18
- Osthoﬀ, Alec 11 Ely 4:51.29
- White, Anthony 11 Aitkin 4:55.16

Boys 3200 Meter Run

- Larva, Aaron 12 Floodwood 10:21.36
- Lindquist, Jackson 9 Esko 10:23.69
- Stubbs, Wes 10 Virginia 10:30.06
- Scannell, Kieran 8 CookCty 10:30.60
- Osthoﬀ, Alec 11 Ely 10:35.93
- Benish, Romeo 9 Proctor 10:40.52
- Kunnari, Derek 10 EvelGilb 10:49.90
- Wagner, Michael 9 EvelGilb 11:07.10

110 Meter Hurdles

- Harder, Nathan 11 DeerRivNorth 16.40
- Dunphy, Aaron 10 MarshallDuluth 16.45
- Hanson, Blaine 11 Virginia 16.61
- Heiman, Mike 12 Ely 17.00
- Brademan, Trey 11 Esko 17.06
- Holmes, Andrew 11 NashKeew 17.08
- Skoglund, Aaron 12 IntFalls 17.18
- Heiman, Patrick 10 Ely 17.20

300 Meter Hurdles

- Kwapick, Nick 12 MooseLkWillRiv 42.22
- Holmes, Andrew 11 NashKeew 42.24
- Stokes-Cerkvenik, 10 Virginia 42.95
- Harder, Nathan 11 DeerRivNorth 42.96
- Heiman, Mike 12 Ely 44.22
- Heiman, Patrick 10 Ely 44.37
- Thronbloom, Neal 12 Aitkin 44.80
- Ortiz, Andrew 11 MesabiEast 44.98

4x100 Meter Relay

- Eveleth-Gilbert 45.63
- Esko 45.96
- Two Harbors 46.95
- Greenway 47.02
- International Falls 47.03
- Nashwauk-Keewatin 47.18
- East Central 48.06

4x200 Meter Relay

- Two Harbors 1:34.63
- Esko 1:34.98
- Marshall School, Duluth 1:36.23
- Deer River/Northland War Eagle 1:36.86
- Nashwauk-Keewatin 1:38.02
- International Falls 1:38.18
- Ely 1:38.25
- Lakeview Christian* 1:39.67

4x400 Meter Relay

- Proctor 3:34.71
- Esko 3:35.75
- Cromwell 3:36.00
- International Falls 3:44.55
- Ely 3:46.12
- Virginia 3:48.67
- Moose Lake/Willow River* 3:49.47
- Barnum 3:51.87

4x800 Meter Relay

- Proctor 8:31.13
- Esko 8:45.95
- International Falls 8:46.72
- Virginia 8:49.46
- Cromwell 9:07.11
- Eveleth-Gilbert 9:10.26
- Moose Lake/Willow River* 9:10.28
- Hinckley-Finlayson 9:18.96

High Jump

- Myles, Tim 11 IntFalls 5-10
- Filipiak, Shawn 10 IntFalls 5-07
- Wilcox, Tony 11 Esko J5-07
- Dunphy, Aaron 10 MarshallDuluth J5-07
- Wohlstrom, Zach 10 MooseLkWillRiv J5-07
- Anderson, Nick 11 Esko J5-07
- Jensen, Jake 11 EastCentral J5-07
- Hudriik, Matthew 11 CrosIron J5-07

Pole Vault

- Jensen, Jake 10 IntFalls 12-04
- Wirtz, Phillip 11 Esko 12-00
- Haydon, James 11 Proctor 11-06
- Becicka, Austin 10 Virginia 10-00
- Wiita, Shawn 11 Proctor 10-00
- Drotts, Kevin 8 DeerRivNorth J10-00
- Lindberg, Tucker 12 Chisholm 9-06
- Askey, Kyle 9 IntFalls J9-06

Long Jump

- Schofield, Kenny 12 CottCherCookOrr 20-01.75
- Horoshak, Alex 10 TwoHarbors 19-06.5
- Jobe, Ray 12 Barnum 18-09.75
- Hamp-Sill, Caleb 10 TwoHarbors 18-01
- Hudriik, Matthew 11 CrosIron 17-10.75
- Korpi, Seth 11 EvelGilb 17-10.25
- Solarz, Derek 12 Proctor 17-09.5
- Johnson, Shawn 11 EvelGilb 17-06.25

Triple Jump

- Schofield, Kenny 12 CottCherCookOrr 42-06.5
- Spampinato, Michae 12 EvelGilb 41-07.25
- McDaniels, England 11 MarshallDuluth 39-03.25
- Reinertson, Max 9 Esko 39-00.5
- Savage, Mark 10 Esko 38-09
- Wagner, Nate 11 EvelGilb 38-03
- Carlson, Ben 11 CrosIron 37-10.25
- Ridgeway, Jimmy 12 Greenway 37-05.5

Discus Throw

- Johnson, Shawn 11 EvelGilb 174-08
- Spampinato, Michae 12 EvelGilb 150-06
- Schofield, Derek 9 CottCherCookOrr 136-07
- Mann, Justin 12 Bigfork 135-03
- Taray, Alex 10 Floodwood 130-03
- Eberhart, David 12 HinckFin 124-06
- Salo, Cody 11 Esko 120-09
- Kivisto, Erik 12 Proctor 120-03

Shot Put

- Johnson, Shawn 11 EvelGilb 50-04.75
- Mann, Justin 12 Bigfork 49-05
- Wicklund, Matt 12 TwoHarbors 45-11
- Schofield, Kenny 12 CottCherCookOrr 44-09
- Eberhart, David 12 HinckFin 44-08
- Makitalo, Eric 12 Proctor 42-11
- Richards, Brandon 10 IntFalls 42-05
- Butkiewicz, Brendo 12 MooseLkWillRiv 40-09.75

Notes: